LION CUB PARENT AND LEADER GUIDEBOOK

THIS BOOK BELONGS TO THE

________________________________________________

FAMILY

LION CUB DEN MEMBERS

<table>
<thead>
<tr>
<th>Lion Cub</th>
<th>Adult Partner</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

LOCAL CUB SCOUT LEADERS

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lion Cub Den Leader</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lion Cub Coordinator</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cubmaster</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

This is a pilot program of the Boy Scouts of America and may only be used in approved pilot Councils. Reproduction or distribution without written consent is not authorized.
IMPORTANT LION CUB DELIVERY INFORMATION

The Lion Cub Program is a pilot test being used in only a few places in the country.

Purpose of Pilot

- To prove the concept makes a positive impact on the BSA Goals.
- To gain insight and validate what works and what doesn’t on a small trail scale before considering a National Launch or expansion.
- To ensure a program is Sustainable and Replicable across the nation.

To ensure that this pilot program can be used for evaluation purposes, use the program materials as designed. The program needs to use the written den meeting materials and not change delivery.

Changes made by den leaders and others to the program will invalidate the evaluation process.

The Lion Cub program is to be used with Kindergarten-aged and not with other ages. This Lion Cub Pilot is not to be used with mixed age groups of Cub Scouts. Each age group in grades 1-6 should have their own programs as currently provided by the Boy Scouts of America.

This pilot is also not designed to be a stand-alone sibling program to meet the needs of a few siblings tagging along with their older brothers. To determine the future of this program we need each Den to test it as it is written and in the best way possible with 6-8 boys of Kindergarten age. If you have less than 6 boys, it is suggested that you seek to combine other Kindergarten-aged boys from other areas to create the ideal experience for your youth. Too few or too many youth will not make for the ideal experience for the youth.

Thank you for your cooperation.
**TABLE OF CONTENTS**

**INFORMATION FOR PARENTS** .......................................................................................................................... 6

- Welcome to Lion Cubs ................................................................................................................................. 7
- Family Time at its Best ................................................................................................................................. 7
- What Should You Expect? .............................................................................................................................. 7
- Getting Organized ....................................................................................................................................... 8
- Den Meeting .................................................................................................................................................. 8
- Outings and Pack Meetings .......................................................................................................................... 8
- Where Do You Go For Information? ........................................................................................................... 8
- Program Material .......................................................................................................................................... 9
- Cub Scout Ideals and More ............................................................................................................................ 9
- Registration .................................................................................................................................................. 9
- Fundraising .................................................................................................................................................. 9
- Youth Protection Training ............................................................................................................................. 9

**INFORMATION FOR LEADERS** ....................................................................................................................... 13

- Den Leaders ................................................................................................................................................. 14
- Scouting Support ......................................................................................................................................... 15
- How Can Others Help? ................................................................................................................................. 15
- Useful Websites ......................................................................................................................................... 16

**FIRST STEPS IN ORGANIZING A LION DEN** ................................................................................................. 16

- Lion Cub Recruitment ................................................................................................................................. 16
- Registration Procedure ............................................................................................................................... 16
- The Ideal Den Size .................................................................................................................................... 16
- Fees ............................................................................................................................................................... 16
- Fundraising .................................................................................................................................................. 16
- Preparation for Lion Den meetings ............................................................................................................ 17
- First Meeting Follow-up ............................................................................................................................ 17
- Working with Young Boys ......................................................................................................................... 17
- Keep Meetings Moving ............................................................................................................................... 19
- Scouting Versus Schooling ......................................................................................................................... 19
- Hints for Effective Leadership .................................................................................................................... 20
- Plan Your Meetings in Advance .................................................................................................................. 20
- Your First Den Meeting .............................................................................................................................. 20
<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tour Plans</td>
<td>21</td>
</tr>
<tr>
<td>Den Rules and Code of Conduct</td>
<td>21</td>
</tr>
<tr>
<td>Ceremonies</td>
<td>22</td>
</tr>
<tr>
<td>Immediate Recognition</td>
<td>22</td>
</tr>
<tr>
<td>Using the Lion Cub Handbook</td>
<td>22</td>
</tr>
<tr>
<td>CUB SCOUT BASICS</td>
<td>22</td>
</tr>
<tr>
<td>What the Scout Oath or Promise Means</td>
<td>23</td>
</tr>
<tr>
<td>What the Scout Law Means</td>
<td>23</td>
</tr>
<tr>
<td>What the Cub Scout Motto Means</td>
<td>24</td>
</tr>
<tr>
<td>The Cub Scout Sign</td>
<td>25</td>
</tr>
<tr>
<td>The Lion Cub Uniform</td>
<td>25</td>
</tr>
<tr>
<td>Recognition</td>
<td>25</td>
</tr>
<tr>
<td>LION CUB CALENDAR</td>
<td>26</td>
</tr>
<tr>
<td>MEETING PLAN TEMPLATE</td>
<td>27</td>
</tr>
</tbody>
</table>
INFORMATION FOR PARENTS
Cub Scouting is a program of the Boy Scouts of America (BSA), whose overall mission is to help young people build character, learn citizenship, and develop personal fitness. Cub Scouting focuses on boys in the first through fifth grades (or from ages 7 through 10).

Welcome to Lion Cubs
Lion Cubs is a Boy Scouts of America pilot program with three local Scout councils. Materials and the program are not yet available nationally. The program’s future will be based on your feedback and program success. We look forward to you and your son’s participation to help learn from this pilot project.

You are there as a support and guide to allow your new Lion Cub to discover the activities. He will learn by doing these things himself. And as he learns and grows your relationship with him will grow as well.

At the end of the school year, he will graduate to Tiger. Then with each following year he will advance through the Cub Scout program as a Wolf, then Bear, and finally as a Webelos Scout. As a fifth grader he will move on in the adventure as a Boy Scout where he will continue to build life-long leadership skills.

This introductory guide gives you the tools to be the adult partner of your Lion Cub, including information about dens, leadership, uniforms, as well as ideas for planning your Lion Cub program.

Family Time at its Best
Your time is valuable. Today's families, more than ever, struggle to find time to spend together. Cub Scouting helps to support your family by providing ready-made opportunities for you and your son to do things together. One unique thing about Cub Scouting unlike other activities he may be a part of is that you, as his family, are involved and help him along the way. The family is the basis of Cub Scouting. Cub Scouts exist to support your family and help enrich your family time together.

What Should You Expect?
Den meetings and outings are led by the Den Leader with assistance from the parents/partners. Lion Cubs involves participation by a child and a caring adult. Successful Dens are led by a Den Leader with an active engaged and supportive set of parents. Parents can take leadership of an individual activity within a Den meeting or may take the responsibility of planning and leading a specific outing activity or Den meeting. This will best be determined by you, the families involved, and your activities planned for the year. It is suggested that each family take a month and rotate responsibilities. We spread out leadership responsibilities so involvement is rewarding, not a burden. It’s more fun this way and your son loves to see you taking on the task.
Lion Cubs dens meet twice a month for eight to nine months during the school year. Your den will pick a time that works best for the members of the den. Popular times are a regular night during the week or a Saturday or Sunday. Consistency often helps with the ability to know you have a time reserved for you and your Lion Cub.

A complete and detailed curriculum is provided to help the den leaders and adult partners to deliver the Lion Cub program.

**Getting Organized**

A Lion Cub Coordinator will help the Lion Cub Den Leader and adults members set up and conduct the first den meetings. Cub Scouts is completely volunteer-run. The quality of your son's experience depends on your commitment to Scouting. There are opportunities for every level of interest, abilities and time.

Each adult will choose which den meeting they will host.

The Lion Cub adults will set the schedule of their den meetings and outings during their first gathering.

You and your son should plan on two meetings per month. One will be a den meeting and the other will be an outing or a Pack meeting.

**Den Meeting**

Dens meet once per month at a time that is convenient to members of the Lion Den. The Den meeting is with just their group of kindergartner boys. It is led by a Den Leader and a parent who together plan and lead activities. Most Dens meet in a home or central location such as a church or school. It is up to the families in your Lion Den to determine what is most convenient.

**Outings and Pack Meetings**

These outings will be a time for the entire family to join the Lion Cub and other Lion families on a fun adventure. The outing may be a field trip to a place of interest for the boys in the den or it may be a visit to a Pack Meeting. A pack meeting is a monthly gathering for all of the Cub Scout dens in a pack. Lion Cubs generally attend only a few pack meetings each year.

**Where Do You Go For Information?**

Basic information about Cub Scouting is included in this book. If you are like many people, having a person you can go to for help is important. For your son’s Lion Cub Den, the Lion Cub Den Leader and your Pack’s Lion Cub Coordinator are two great sources of information. The next section of this handbook describe their roles and responsibilities.
Program Material
A Lion Cub Parent and Leader Guidebook is available for each family. This handbook contains the activities and ideas for a complete year. The curriculum is based on feedback from parents and educational experts.

Cub Scout Ideals and More
Some of the “basics” of the Cub Scout program, such as the Scout promise, the Scout Law, handshake and more are detailed in the resource section of this guidebook.

Registration
Each Lion Cub and a parent need to register with their Local Boy Scout Council. This BSA registration fee will cover insurance and one year of program. One form for each youth and one form for each adult needs to be submitted.

You will also wish to attend an orientation that will help you understand how a Lion Den functions and the importance of your role.

Lion Cubs must have an “Adult Partner” with them at all times. This is required by the Boy Scouts of America.

Fundraising
Scouting, as all community non-profit organizations, requires funding to operate. Your registration fees go to the National Council of the Boy Scouts of America, where registration fees support the operation of the Boy Scouts of America throughout the country.

Packs also take part in fundraising activities to support their local unit program needs throughout the year.

It is not required or expected that Lion Cubs or their families will take part in unit level fundraising. The first year is for orientation and awareness. Opportunities to support the pack program through product sales begin as a Tiger Cub – next year.

Your Lion Den may establish modest dues - $1 per week – to cover the cost of some consumable supplies.

Youth Protection Training
Each adult is required to register with Boy Scouts of America and have current Youth Protection Training. Training is provided free online at http://www.Scouting.org/Training/youthprotection.aspx
Child abuse is a serious problem in our society, and unfortunately, it can occur anywhere, even in Scouting. Youth safety is of paramount importance to Scouting. For that reason, the BSA continues to create barriers to abuse beyond what have previously existed in Scouting. The Boy Scouts of America places the greatest importance on providing the most secure environment possible for our youth members. To maintain such an environment, the BSA has developed numerous procedural and leadership selection policies, and provides parents and leaders with numerous online and print resources for the Cub Scout, Boy Scout, and Venturing programs.

Effective June 1, 2010, the BSA implemented mandatory Youth Protection training for all registered volunteers.

New leaders are required to complete Youth Protection training within 30 days of registering. To take the training online, go to www.MyScouting.org and establish an account using the member number you receive when you register for BSA membership. If you take the training online before you obtain a member number, be sure to return to MyScouting and enter your number for training record credit. Your BSA local council also provides training on a regular basis if you cannot take it online. For more information, refer to the back of the BSA adult membership application, No. 524-501.

Youth Protection training must be taken every two years. If a volunteer does not meet the BSA’s Youth Protection training requirement at the time of recharter, the volunteer will not be reregistered. We encourage all adults, including all parents, to take the BSA’s Youth Protection training. To find out more about the Youth Protection policies of the Boy Scouts of America and how to help Scouting keep your family safe, see the Parent’s Guide in any of the Cub Scouting or Boy Scouting handbooks, or go to www.scouting.org/Training/YouthProtection.aspx.
THE LION CUB PROGRAM

As a parent or caring adult, you want your Lion Cub to grow up to be self-reliant, dependable, and caring. Scouting has these same goals in mind for him.

<table>
<thead>
<tr>
<th>Goals of the Lion Cubs Program</th>
<th>Lion Cub Family Benefits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Offer greater support for children and their families</td>
<td>Offers age appropriate and fun activities each month</td>
</tr>
<tr>
<td>Introduce children and their families to Scouting and outdoor fun</td>
<td>Enhances quality family time</td>
</tr>
<tr>
<td>Build a foundation of character</td>
<td>Encourages positive interaction between Scouts and adults</td>
</tr>
<tr>
<td></td>
<td>Introduces families to Scouting</td>
</tr>
</tbody>
</table>

Scouting is all about “fun with a purpose.” Our goal for Lion Cubs is to provide a safe environment for you and your Kindergartner to have fun as a family and with other families of Lion youth. As you continue to build a closer relationship with your Lion Cub and families we want to offer you opportunities to share a little bit of the Scouting adventure. Lion Cub families will begin to understand more about Scouting and prepare their youth for Day Camp and moving to Tigers. We look forward to sharing Scouting with you and your family.

<table>
<thead>
<tr>
<th>Who are Lion Cubs?</th>
<th>What do Lion Cubs Do?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lion Cubs are kindergarten boys</td>
<td>The Lion Cub Dens and their adult partners will meet twice per month</td>
</tr>
<tr>
<td>Lion Cubs join with a parent or caring adult partner</td>
<td>Lion Cub dens will meet once a month for a den meeting (based upon one of the Den activities)</td>
</tr>
<tr>
<td>Lion Cubs form dens of 6 to 8 Lion Cub pairs (boy and accompanying adult)</td>
<td>The second meeting each month for the Lion Cub dens will be a den outing or Pack meeting.</td>
</tr>
<tr>
<td>Lion Cub dens are part of a Cub Scout Pack</td>
<td>Lion Cubs use the Lion Cub Handbook to explore their world, themselves, families, and their neighborhoods.</td>
</tr>
<tr>
<td>Lion Cubs may wear a special Lion Cub T-shirt to their activities</td>
<td>The Lion Cub Den Leader and Adult members use the Lion Cub Handbook and this Parent and Leader Guide Book to plan den activities.</td>
</tr>
<tr>
<td>Lion Cubs move to the next Cub Scout level [Tigers] at the end of kindergarten</td>
<td></td>
</tr>
</tbody>
</table>

The Vision of Boy Scouts of America is to prepare every eligible youth in America to become a responsible participating citizen and leader who is guided by the Scout Oath and Law.
The Boy Scouts of America seeks to accomplish its Vision through the following mission: The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling them in the values of the Scout Oath and Law.

The Boy Scouts of America delivers an educational program for boys that achieves these three aims:
- To build character
- To become a responsible participating citizen
- A leader who is guided by the Scout Oath and Law
INFORMATION FOR LEADERS
INFORMATION FOR LEADERS

This leader section is designed to help you make the most of your time as a Scouting volunteer. Whether you are a den leader or you take on some other leadership role, you’ll find the resources here to make your Cub Scouting experience the best it can be.

Our goal is to help you get started quickly; that means quick introductions to some important topics and deeper content where appropriate. Where more detailed information is necessary, we’ll refer you to other Boy Scouts of America resources. We also encourage you to seek help from experienced leaders in your pack and your Lion Cub coordinator.

Scouting is not a “one person show.” There is a network of volunteer leaders who are committed to helping the boys in the den have a great Cub Scout program.

Den Leaders
An experienced and engaged Den Leader is recruited to take the lead on organizing den meetings with assistance and support from the parents. Since Lion Cubs is often the first experience a family has to Scouting, it must be a positive experience.

Research shows that the most important person for a successful Scout experience is a good leader.

Lion Cub Den Leader Job Description
- Previous experience as a den leader
- Work directly with other den and pack leaders to ensure that the den is an active and successful part of the pack.
- Plan, prepare for, and conduct den meetings with the assistant den leader and adult partners.
- Attend the pack leaders’ meetings.
- Lead the den at the monthly outings and other pack activities.
- Ensure the transition of Cub Scouts to Tiger at year end.
- Make sure if appropriate to prepare the Lion Cubs for Day Camp.
- Coordinate shared leadership among the Lion Cub adult partners in the den.
Ensure that each Lion Cub and his adult partner have the opportunity to be the host team, planning and executing the den activities, rotating responsibilities monthly.

Scouting Support
In your first year, you may come across other volunteers that are supporting the program.

Your Cubmaster is the “ring leader,” the “Master of Ceremonies,” and all around supporter of the Den Leaders. The Cubmaster leads the monthly Pack Meeting where all the dens and families get together for fun and recognition.

A Chartering Organization such as a Civic Group, Veterans Group, School or Religious Institution sponsors the Cub Scout Pack.

Your Lion Cub Coordinator is an experienced den leader who will work to support the Lion Cub Den Leader as he or she delivers the year’s program.

Lion Cub Pack Coordinator Job Description
- An experienced and successful den leader
- Understands den and pack operations within the overall structure of Cub Scouting
- Demonstrates excellent communications and organization skills (and will remain in at least monthly contact with the Lion Dens)
- Be an active member of the Pack Committee
- Conduct School Night for Scouting Lion meeting with all new Lion and their parents.
- Conduct the first orientation meeting for all the individual Lion Dens in their Pack.
- Organize den(s) of 6 to 8 Lion Cubs per group.
- Ensure that a meeting and an outing has been scheduled for each month.
- Serves as a coach and mentor for Lion Cub den leaders
- Keep group informed of monthly Pack activities and demonstrates a successful relationship with the Cubmaster.

Your District Executive is one of a small cadre of Scout leaders who receive a salary for the role in the movement. He or she is responsible for extending programs to religious, civic, fraternal, educational, and other community-based organizations through volunteers.

How Can Others Help?
There are lots of ways grandparents and other family can get involved. There are all kinds of short or one time only projects, or longer term commitments. There are Den assignments, fun games and activities, leadership opportunities, planning/organizing, communications and much more. There is something for everyone. We just want you to feel like you can join in the fun and be a part of this local Scouting community. If you are interested talk with your Den Leader to discover projects that best suit your desire and interests.
Useful Websites
We are blessed today to be able to find just about anything we need at a moment’s notice. In addition to your typical search techniques, these website resources will support you with just about everything. They have provided helpful hints, resources, information and tools to make your job easier. You are not alone by any means…..please use these resources as well as your Den and Pack. **Keep in mind: since the Lion Cubs program is a Pilot there will not be any mention of it in writing beyond this guide.**


**FIRST STEPS IN ORGANIZING A LION DEN**

Lion Cub Recruitment
- Promote directly to kindergarten boys at your school. Consider calling or mailing them an invitation.
- Hold a Lion Cub roundup, or register kindergartners on night of your Roundup with 1st-5th graders;
- Hold separate breakout conducted by Pack Lion Cub Coordinator.

It is strongly recommended that you hold a Lion Cub recruitment event separate – or as a breakout session - from your pack’s fall recruitment meeting:
- Much of the information covered in this meeting are more for Cub Scouts aged 7-10 and are not part of the Lion Cub program.

Registration Procedure
- Lion Cub Den Leader: Register as a Den Leader on adult application
- Lion Cubs will fill out a youth application form; adult partners, as noted above, will fill out an adult application form. Write “Lion Cubs” at top of application.

The Ideal Den Size
The best size for a Lion Den is 6-8 youth and their adult parent participant. The youth at this age are usually very energetic with short attention spans. If there are too many youth and it’s hard to manage well, and if there are too few youth it’s not the ideal situation for group activities.

Fees
- A registration fee a will be assessed Lion Cub/ Adult Partner pair and includes Lion Cub program materials and Adult Guide Registration.
- Lion Cub names will not appear on unit roster.

Fundraising
Scouting, as all community organizations, requires funding to operate. Your registration fees go to the National Council of the Boy Scouts of America, where registration fees support the operation of the Boy Scouts of America throughout the country.
Packs also take part in fundraising activities to support their program needs throughout the year.

It is not required or expected that Lion Cubs or their families will take part in unit level fundraising. The first year is for orientation and awareness. Opportunities to support the pack program through product sales are available as Tiger Cub – next year.

Lion Cub Dens may establish modest dues - $1 per week – to cover the cost of some consumable supplies.

**Preparation for Lion Den meetings**
- Establish meeting day/time for Lion Den
- Lion Coordinator works with Lion Cub Den Leader, using curriculum in the Lion Cub Parent and Leader Guidebook, to prepare first meeting
- Follow up communication with adult partners

**First Meeting Follow-up**
- Reflect on success of meeting and any needed improvements
- Establish hosting responsibilities for remainder of den meetings
- Den Leader (and Lion Coordinator) help parent host prepare next adventure

**IMPORTANT CONSIDERATIONS FOR DEN LEADERS**

**Working with Young Boys**
Some suggestions for working with young boys is presented below. The material was originally developed by the researchers and child development experts at the Extension Foundation.

Keep rules simple and easy to understand. Discuss rules with children and write them down. Consider children’s suggestions for rules. Repeat the rules often. A few rules that work well with children include:
- Help each other.
- Take care of our toys.
- Say please and thank you.
- Be kind to each other.

Say what you mean. Use "do" instead of "don't" whenever possible. Choose your words carefully, especially when you are guiding children's behavior. Keep sentences short and simple. Focus on what to do rather than what not to do.
- Try saying, "Slow down and walk" instead of "stop running."
- Try saying, "Keep your feet on the floor" instead of "don’t climb on the table."
- Try saying, "Use a quiet voice inside" instead of "stop shouting."
The Scout Oath and Law are helpful in this regard: they remind us of what to do, instead of what not to do.

Talk with children – not “at” them. Children often don’t pay attention when you are talking (or shouting) “at” them. Guidance is much more effective when you talk to children at their eye level. Look them in the eyes and talk with them. Resist the urge to simply lecture. Instead, give children time to respond, and listen genuinely to their points of view.

Set a good example. Children watch you all the time. They see how you talk to other children and adults. They see how you cope with anger or frustration. They watch how you deal with sadness and joy. They listen to how you say “I’m sorry.” The way you handle the ups and downs of life teaches children a lot about how to behave and get along with others.

Encourage children to set good examples for each other. Children also learn a great deal from each other. Encourage appropriate ways to share, play, and be kind to each other.

Give clear, simple choices. Toddlers can choose between a red cup and a green cup. Preschoolers can choose between playing “airport” and “zookeeper.” Give children a choice only when there is a choice. For example, saying “It is nap time, do you want to lie down now?” is not really an option if your rule is that everyone will rest at nap time.

Show respect for children. Talk to children about misbehavior in private, rather than in front of others. Remind them of reasons for rules, and discuss what they can do differently.

Catch children being good. All children want attention. It is better to give them positive attention for good behavior than negative attention for misbehavior. Comment on something positive about each child, each day. Better yet, strive for several times a day. And share the good news. When children have done something positive, mention it to other children and to parents.

Encourage like a good coach instead of a cheerleader. A cheerleader just shouts general praise: “What a great job!” or “What a beautiful picture.” A good coach tells you what you’re doing right, uses praise as a teaching tool, and lets you know why he or she is proud of you. If a child sets the table, you might say, “You did such a good job setting the table! You put the spoons and forks in the right place and remembered the napkins!” When you look at a child’s painting, you might remark, “This painting just glows with color. You used blue, green, red, yellow, and orange. Tell me how you did this!”

Use play activities to teach social skills. Become a character in children’s pretend play and show children how to use good manners and be kind. Read children’s books that show how children resolve problems. Play “what if” games. Encourage children to act out ways to work together.
Teach children how to resolve conflict and solve problems. Help them recognize and name feelings, identify problems clearly, come up with ideas for solving the problem, and try possible solutions.

Teach children how to apologize. Learning how to apologize is a skill. Young children have a hard time understanding another child’s feelings, but by the time they are 4 years old they should begin to recognize that apologizing is a good way to make up for hurting someone else. Keep it simple (e.g., "Lucas, I'm sorry I hit you.") With time and practice, children will not have to be prompted, and their apology will be more genuine. Teach preschoolers and school-age children the four basic steps of apologizing:

- Look at the other child
- Say the child’s name
- Say “I’m sorry”
- Say why

If a child draws on the wall, give him a wet cloth to clean the wall. Even if the child cannot successfully clean up the entire mess alone, participating in clean-up teaches him that his actions have consequences. Over time, experiencing consequences helps children learn self-control.  

Keep Meetings Moving
The meeting materials developed for the Lion program are designed with a number of brief, high engagement activities. Keep the meeting moving by reading through the materials in advance, prepping the materials, and organizing them so that you may easily move from activity to activity. This planning and preparation, influenced by the suggestions above on working with young boys will help make Lion Cubs a great experience for the boys and their families as well.

Scouting Versus Schooling
Scouting and schooling are both youth development and education institutions. While they have things in common, they should remain complementary and distinctive from one another. Do your best (a good motto for Cub Scouts as well as leaders) to make Lion Cubs different from what they experience at school during the day.

- Awareness of your Cubs. Know the members of your den so that you understand “where they are coming from” as well as their background. You may find boys with a variety of social skill levels in your den: some are kindergartners (have social skills), some attend daycare (moderate development of social skills), non-schooled (may lack exposure to social settings and find that Scouting is one of their first opportunities to build skills in group interactions)

---

1 Retrieved on June 28, 2014 from http://www.extension.org/pages/25703/basic-tips-child-care-providers-can-use-to-guide-childrens-behavior#.U69h0EC8SrE
- Adjunct to schools – complement to schools. Scouting is not – and should not - be a continuation of the school day.

**Hints for Effective Leadership**
- Communicate clearly and often with parents in the den.
- If you need help, ask someone. When you ask someone, give them enough time to get ready to help.
- Sharing leadership in the den makes for a stronger den.
- Don’t think of the den meeting as one 45-60 minute meeting: think of it as an intro, 3 ten minute activities and a closing - and lots of high-energy fun boys and their adult partner.

<table>
<thead>
<tr>
<th>Characteristics of Successful Den Leaders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Commitment to the ideals of Scouting</td>
</tr>
<tr>
<td>High moral standards</td>
</tr>
<tr>
<td>Ability to relate to Kindergarten aged boys</td>
</tr>
<tr>
<td>Ability to keep a cool head under pressure</td>
</tr>
<tr>
<td>Good organizational skills</td>
</tr>
</tbody>
</table>

**Plan Your Meetings in Advance**
Plan your meetings ahead of time with emphasis on the flow of activities. Pay special attention to “After the Meeting” sections of den meeting plans for preparation and materials needed for the next meeting. Alternate between quiet and more vigorous activities. Boys have a lot of energy to expend, so be sure you have an active game or other activity to help channel some of that energy.

A field trip as a first meeting over the summer can be a good way to break the ice for a new den.

**Your First Den Meeting**
The tone you set at the first meeting will determine, to a large extent, the success of your year. Key to setting the right tone is to consider the following
- Wear your adult uniform to all meetings and remind boys to wear their uniforms.
- Be completely organized before the start of the meeting.
- Explain clearly to the boys the behavioral expectations. You may wish to use the “good conduct candle” approach ([Cub Scout Leader How-To Book](#)). Be consistent and friendly but firm with the boys.

**Conduct Candle**
Use the same candle each week. The selected boy lights the candle at the beginning of the den meeting, and the candle is allowed to burn as long as all den members show good behavior. But if a boy misbehaves or breaks the code of conduct, the candle must be blown out for the rest of the meeting. As soon as the candle burns down, the den is entitled to a special outing or special treat. ([From Cub Scout Leader How-To Book](#))
Ask the host team (Lion Cub and adult partner who will assist at the meeting, your parents helping and assistant den leader(s)) to arrive at least 15 minutes before the starting time of the meeting. They can help you with final preparations before the rest of the boys arrive.

A snack at den meetings is optional. Set the example with healthy, nutritious snacks. Be aware of any food allergies of den members and communicate these to adult partners who may be assisting with the snacks.

Open each den meeting with the ceremonies suggested in the meeting plans in this guidebook.

Outings are an important part of the Cub Scout experience. They are a time not only for fun but for learning. It is important that you plan in advance for these field trips. Planning should include the following, at a minimum, for each field trip:
- Arrange for the visit with the place you will be going (if needed).
- Work with the adult partners in the den to arrange transportation or request an adult do the planning for this.
- A tour plan should be filed with the council service center. (MANDATORY)
- Details on suggested outings are included in the meeting plan outlines.

Tour Plans
A tour and activity plan is simply a planning tool to help leaders be prepared for a safe and fun adventure. Please use the online version of the plan whenever possible. It is a unit-level tool when you sign into MyScouting.org. A printable version is available as well. Please review all of the information on the page and the hyperlinks. A video showing you how to submit a tour and activity plan is on the FAQ page and here.

If you use the online version, you no longer have to collect signatures or council approval. Complete the plan and certify that any missing requirements will be completed before the trip begins. When you submit the plan online, an email will be sent to your council, chartered organization, committee chair, and your designated emergency contact.

@ GO TO: http://www.scouting.org/Home/HealthandSafety/Alerts/TourActivityPlan.aspx

Den Rules and Code of Conduct
At the beginning of the year, establish the rules that the den will follow and the consequences for breaking those rules. Boys should participate in the decision-making process. By helping decide what can and can’t happen in the den, boys will feel a sense of responsibility toward how the den is run. They will feel that the den is “theirs.”

Good conduct should be reward and achievement-based and above all else, constructive and positive. A pizza party or special treat is a great goal to aspire to over time and ongoing good conduct.
Ceremonies
Ceremonies are important for marking the beginning and end of each meeting or major accomplishments. They are also a time for reinforcing the values of Scouting and bringing the boys together. As boys finish achievements toward their badges, simple ceremonies during the den meeting will serve to congratulate them on their accomplishments. Ceremonies to open and close den meetings are included in the meeting plans.

Immediate Recognition
Set aside time in den meetings to recognize completion of adventures as a method of encouragement. Congratulate boys enthusiastically for their efforts.

Suggested Immediate Recognition Items: Councils that have previously supported the Lion Cub Pilot have invested in iron on paw print transfers and may wish to continue using that emblem for immediate recognition needs.

Councils participating in the pilot for the first time may wish to direct Den Leaders to scoutstuff.org or your Council Scout Shop to use theme/activity emblems to recognize accomplishment by Lion Cubs.

Using the Lion Cub Handbook
The Lion Cub Handbook youth handbook is not a work book. It is not a school book. It is a keepsake for the boys in the den and is a tool to record some of their experiences from their year as a Lion Cub. Pay attention to the “call outs” in the Den Meeting plans to see how to best use the Handbook.

The Lion Cub Handbook will be made available by your Lion Cub Coordinator or Den Leader.

CUB SCOUT BASICS

<table>
<thead>
<tr>
<th>Scout Oath (or Promise)</th>
<th>Scout Law</th>
<th>Cub Scout Motto</th>
</tr>
</thead>
<tbody>
<tr>
<td>On my honor I will do my best</td>
<td>A Scout is trustworthy, loyal,</td>
<td>Do Your Best</td>
</tr>
<tr>
<td>To do my duty to God and my country and to obey the Scout Law;</td>
<td>helpful, friendly, courteous, kind, obedient,</td>
<td></td>
</tr>
<tr>
<td>To help other people at all times;</td>
<td>cheerful, thrifty, brave, clean, and reverent.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
To keep myself physically strong, mentally awake, and morally straight.

What the Scout Oath or Promise Means
Before you agree to the Scout Oath or Promise, you must know what it means. Below are some ways to help your Lion Cub understand a little more about its meaning.

On my honor ... Honor is the core of who you are—your honesty, your integrity, your reputation, the ways you treat others, and how you act when you are on your own.
I will do my best ... Do all you can to live by the Scout Oath, even when you are faced with difficult challenges.
To do my duty ... Duty is what others expect of you, but more importantly it is what you expect of yourself.
to God ... Your family and religious leaders teach you about God and the ways you can serve. You can do your duty to God by following the wisdom of those teachings and by defending the rights of others to practice their own beliefs.
and my country ... Help the United States continue to be a strong and fair nation by learning about our system of government and your responsibilities as a citizen. When you do all you can for your family and community, you are serving your country. Making the most of your opportunities will help shape our nation’s future.
and to obey the Scout Law; ... In your thoughts, words, and deeds, the 12 points of the Scout Law will lead you toward doing the right thing throughout your life.
To help other people at all times; ... By helping out whenever you can, you are making the world better. “At all times” is a reminder to help even when it is difficult and even without waiting to be asked.
To keep myself physically strong, ... Taking care of your body prepares you for a lifetime of great adventures. You can build your body’s strength and endurance by eating nutritious foods, getting enough sleep, and being active. You should also avoid tobacco, alcohol, illegal drugs, and anything else that might harm your health.
mentally awake, ... Develop your mind both in and outside of the classroom. Be curious about everything around you, and never stop learning.
and morally straight. Your relationships with others should be honest and open. Respect and defend the rights of all people. Be clean in your speech and actions and faithful in your religious beliefs. Values you practice as a Scout will help you shape a life of virtue and self-reliance.

What the Scout Law Means
The Scout Law will show you how to live as a boy, a valued member of your family, and as a man.
A Scout is trustworthy. A Scout tells the truth. He is honest, and he keeps his promises. People can depend on him.
A Scout is loyal. A Scout is loyal to those to whom loyalty is due.
A Scout is helpful. A Scout cares about other people. He helps others without expecting payment or reward. He fulfills his duties to his family by helping at home.

A Scout is friendly. A Scout is a friend to all. He is a brother to other Scouts. He offers his friendship to people of all races, religions, and nations, and respects them even if their beliefs and customs are different from his own.

A Scout is courteous. A Scout is polite to people of all ages and positions. He understands that using good manners makes it easier for people to get along.

A Scout is kind. A Scout treats others as he wants to be treated. He knows there is strength in being gentle. He does not harm or kill any living thing without good reason.

A Scout is obedient. A Scout follows the rules of his family, school, and troop. He obeys the laws of his community and country. If he thinks these rules and laws are unfair, he seeks to have them changed in an orderly way.

A Scout is cheerful. A Scout looks for the bright side of life. He cheerfully does tasks that come his way and tries his best to make others happy, too.

A Scout is thrifty. A Scout works to pay his way and to help others. He saves for the future. He protects and conserves natural resources. He is careful in his use of time and property.

A Scout is brave. A Scout faces danger even if he is afraid.

A Scout is clean. A Scout keeps his body and mind fit. He chooses friends who also live by high standards. He avoids profanity and pornography. He helps keep his home and community clean.

A Scout is reverent. A Scout is reverent toward God. He is faithful in his religious duties. He respects the beliefs of others.

**What the Cub Scout Motto Means**

*Doing your best* is one of the most important things Cub Scouts learn. When boys compare themselves to other people, they can become complacent (if they’re high achievers) or discouraged (if they have to work harder to accomplish the same goals). Focusing on doing their personal best helps them feel good about themselves and see their potential for doing even better. Help boys see that no one can find fault with them if they always do their best.

- A motto is like a slogan, it reminds us of something important.
- Scouting is **not** a competition. Each boy learns at his own pace and in his own way.

Whatever you and your Lion Cub are doing, remember to “Do Your Best!” It’s a great motto for life.
The Cub Scout Sign
- Make the sign with your right hand.
- Hold your arm up straight with two raised fingers; the rest of your hand should be closed.
- The two raised fingers look like little animal ears, listening.
- The Cub Scout sign means everyone should stop what he or she is doing and be ready for the next step!
- Adults will find this is an effective way to quiet the group without raising their voices.

The Lion Cub Uniform
The uniform for the Lion Cubs is a T-shirt with the Lion Cub logo. Your T-shirt may look like this one or a little different. Contact the Council or Den Leader for more information.

Recognition
Lion Cubs will receive a patch at the end of the year to recognize their accomplishments; this is the Lion Cub badge.
LION CUB CALENDAR

The Lion Cub adults will set the schedule of their den meetings and outings during their first gathering. The following activity schedule can be used to summarize your meeting dates.

<table>
<thead>
<tr>
<th>Month</th>
<th>Date</th>
<th>Topic</th>
<th>Host / Contact #</th>
<th>Location</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>October</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>November</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>December</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>January</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>February</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>March</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>April</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>May</td>
<td></td>
<td>Move to Tigers</td>
<td>New Den Leader</td>
<td></td>
<td>Sign up and register for Tigers</td>
</tr>
<tr>
<td>June</td>
<td></td>
<td>Day Camp</td>
<td>Local BSA Council or District</td>
<td></td>
<td></td>
</tr>
<tr>
<td>July</td>
<td></td>
<td>Summer Family Fun</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>August</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

It is important for participants to commit to follow the program as written. Lion Den Coordinators, Lion Den Leaders, and Lion Cub adult partners will provide necessary recommendations for additions/changes/etc. for the improvement of the program. A follow-up survey will be delivered by the National Office of the Boy Scouts of America.
Complete meeting plans will be available for program launch. The meeting plans will follow the template below.

**MEETING PLAN TEMPLATE**

**RATIONALE FOR ADVENTURE**
Brief explanation as to the purpose for the adventure.

**TAKEAWAYS**
A bullet point list of what boys will learn is included here.

**CONNECTIONS WITH DESIRED OUTCOMES**
Character Development  
Participatory Citizenship  
Personal Fitness  
Outdoor Skills and Awareness  
Leadership

**REQUIREMENTS**
Requirement
1. Text of requirement....
2. Text of requirement....
3. Text of requirement....

**MEETING 1 PLAN**

**PREPARATION & MATERIALS NEEDED**
- Bulleted list of items needed.
- Comments to support preparation/planning.
- Coordination with upcoming pack meeting.

**GATHERING**
- Games (examples are available in the *How Book of Cub Scouting*)

**OPENING**
- Ideal: an opening aligned with the theme of the adventure. Otherwise, include a simple opening with a recitation of the Pledge of Allegiance, Scout Oath, or recitation of the Scout Law.

**TALK TIME**
- Carry out business items for the den:
  - Dues
  - Notification/reminder for the outing or pack meeting
  - Meeting information – orient Cub Scouts as to what to expect this evening
- Time for sharing among Lion Scouts.

**ACTIVITIES**
Activity 1.
Description of den meeting activities and what the leader needs to do to implement the activities.
Activity 2.
Description of den meeting activities and what the leader needs to do to implement the activities.

Activity 3.
Preparation/practice for upcoming pack meeting.

CLOSING
- Ideal: a closing aligned with the theme of the adventure. Otherwise, a recitation of the Scout Law or a closing thought by the den leader is appropriate.

AFTER THE MEETING / REFRESHMENTS /CLEANUP
- Ensure clean up takes place
- Refreshments, if desired
- Record advancement completed during the meeting

RESOURCE ITEMS FOR DEN MEETING
- Activity 1. Content needed to delivery part of the den meeting.
- Activity 2. Content needed to delivery part of the den meeting.
- Activity 3. Content needed to delivery part of the den meeting – preparation for next activity.

MEETING 2 PLAN – DEN OUTING

PREPARATION & MATERIALS NEEDED
- Bulleted list of items needed
- Comments to support preparation/planning

GATHERING
- Games (examples are available in the How Book of Cub Scouting)
- This can be used to engage boys while transportation is arriving.

TRANSPORTATION TO OUTING
- Tour permit
- Establish details for travel to destination.

ACTIVITIES
Activity 1.
Description of outing activities and what the leader needs to do to implement the activities.

Activity 2.
Description of outing activities and what the leader needs to do to implement the activities

TRANSPORTATION HOME
- Follow details established during planning phase.

AFTER THE OUTING
- Thank you notes to those who helped.
RESOURCE ITEMS FOR DEN OUTING

- Activity 1. Content needed to delivery part of the den outing.

- Activity 2. Content needed to delivery part of the den outing.